

# School District 50: Haida Gwaii/Queen Charlotte

**Policy Subject:** NUTRITION IN SCHOOLS

**Date Passed:** January 2008

**Date Amended:** NA

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Policy No. 4710

Date Approved: January, 2008

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## POLICY

The Board of Education of School District No. 50 (Haida Gwaii/Queen Charlotte) believes that it has a shared responsibility with parents/guardians and the community to ensure that students develop healthy lifestyles that include a focus on healthy nutrition. Healthy, well-nourished children are more prepared to learn, more likely to attend class and are better able to take advantage of educational opportunities.

The Board believes that where food and beverage products are offered for sale during the school day, or school-sponsored activities, schools must offer nutritious food choices for students.

## PROCEDURE

1. School policy governing the sale of food products in schools or during school-sponsored events will be based upon the most up-to-date guidelines available from the Ministry of Education and Ministry of Health.
2. Schools will focus on and promote the serving of food from the choose most (must be 50 percent) and choose sometimes (up to 50 percent) from the BC school Guidelines for Food and Beverage Sales In BC Schools.

3. Schools will not offer non-recommended foods.
4. Pricing should encourage the selection of healthy food and beverage choices.
5. Principals will review food services for students annually with the School Planning Council.

To see BC school Guidelines for Food & Beverage Sales in BC Schools go to:  
<http://www.bced.gov.bc.ca/health/welcome.htm> under Publications.